

THE CANTEEN IS OPEN ON MONDAYS, THURSDAYS AND FRIDAYS

at recess and lunchtimes - Counter sales only on Tuesdays

On days over 30 degrees the canteen may be open at lunchtimes only for Ice-cream and drink sales

☺☺☺ Everyday foods

☺☺ Select carefully foods

☺ Occasional foods

SUPER SANDWICHES, ROLLS & WRAPS

Wholemeal/High Fibre/Multigrain



Toasted extra		.20
	Sandwich	Roll or Wrap
☺☺☺ Salad (tomato, carrot, lettuce, cucumber, beetroot)	\$3.50	\$4.10
☺☺ Salad with Meat/Tuna (Roast Chicken, Ham, Tuna)	\$4.70	\$5.10
☺☺☺ Egg & Lettuce	\$3.00	\$3.50
☺☺ Ham, Cheese	\$3.20	\$3.70
☺☺ Ham, Cheese & Tomato	\$3.80	\$4.30
☺ Vegemite	\$2.20	\$2.40
☺☺☺ Cheese	\$2.30	\$2.90
☺☺☺ Roast Chicken, Ham or Egg	\$3.60	\$4.10

EXTRA FILLINGS

Ham or Roast Chicken	.70
Tomato Sauce or Mayonnaise	.30
Tomato, Lettuce, Carrot, Cucumber or Beetroot	.40
Cheese	.40
Avocado	.80

SUPER SALAD BOWL

☺☺☺ Salad	\$3.50
☺☺ Salad with chicken or ham	\$4.00



YUMMY TUMMY HOT FOOD

☺ Hot Dog	\$3.20
Tomato Sauce	.30
☺ Meat Pie 97% fat free	\$3.20
Tomato Sauce	.30
☺ Party Pie	\$1.20
Tomato Sauce	.30
☺ Sausage Roll	\$2.60
Tomato Sauce	.30
☺☺ Pizza - Margarita	\$3.80
☺☺ Pizza - Hawaiian	\$3.80
☺☺ Homemade Beef Lasagne	\$3.50
☺☺ Macaroni Cheese (GF option available)	\$3.50
☺☺ Special Fried Rice (GF)	\$3.50
☺☺ Vegetarian Fried Rice (GF)	\$3.50
☺☺ Spaghetti Bolognese	\$3.50
☺☺ Chicken Burger with Lettuce, Mayo & Sauce	\$3.50
☺☺ Chicken Pattie	\$2.20
☺☺☺ Corn Cobs	\$1.20
☺☺ Steamed Dim Sim (salt reduced)	.90
Soy Sauce	.30



AVAILABLE TEAM 2 & 3 ONLY

☺☺ Hot Chocolate	\$2.00
☺☺☺ Pumpkin Soup	\$2.00

TASTY SNACKS

☺☺☺ Banana Muffin	\$1.80
☺☺☺ Popcorn Freshly Popped!	.90
☺☺ Noughts & Crosses (GF)	.80
☺ Choc Chip Cookies & Anzac Cookies	\$1.70
☺☺ JJ Snacks - Chicken, Pizza or Salt & Vinegar	\$1.40
☺☺ Cheese Twists (Thursdays only)	\$2.00
☺☺ Banana Bread	\$2.20



THIRST QUENCHERS

☺☺☺ Water 600mls	\$1.30
☺☺☺ Juice - Apple or Tropical	\$1.60
☺☺ Oak Light - Chocolate, Strawberry and Banana (GF)	\$2.10
☺☺ Iced Tea - Raspberry and Peach	\$2.10

SLURPEES Available at Lunchtimes only

☺☺ Various Flavours (fruit drink base) (GF) Large	\$1.80
: Small	\$1.10

ICE-CREAMS Available at Lunchtimes only

☺☺☺ Golden Circle Tube	.90
☺☺☺ Vanilla Ice-cream Tub (GF)	\$1.50
☺☺ Paddle Pop: Chocolate or Rainbow (GF)	\$1.90
☺☺ Milky Freezes: Chocolate, Strawberry, Banana & Bubble Gum (GF)	\$1.90
☺☺ Calippo (GF)	\$1.30
☺☺ Cyclone (GF)	\$2.40
☺☺☺ Frozen Fruit Cups: Apple or Orange	\$1.30
☺☺☺ Juicies: Apple, Tropical or Orange	\$1.10
☺☺ Dory	\$2.10

MEAL DEALS

1. Chicken Burger, Juice & Popcorn \$5.50
2. Any Pasta, Juice & Popcorn \$5.50
3. Fried Rice, Juice & Popcorn \$5.50
4. Any Pizza, Juice & Popcorn \$5.50

IMPORTANT!!

If a paper bag or reusable lunch bag is not provided please include 10c extra for this.

Please write child's name, grade and lunch order on a bag and enclose correct money if possible. Fold top of bag a few times to secure. Any change will be taped to bag. Do not staple or sticky tape it shut.

"The school canteen is committed to offering healthy choice meals and follows the Healthy Schools Choice guide lines with green and amber foods clearly labelled on this menu with ☺☺☺ or ☺☺"